## Individual Results: Newfoundland & Labrador Regional, Conception Bay South, NL - Jul 26, 2025

Rank	Last Name	First Name	Department	Team Name	Penalty   Status	Results	Bye or WildCard
Category: OVER 40							
1	Lawlor	Sean	Conception Bay South Fire & Rescue	Conception Bay South Fire & Rescue - BAG OF MIXED CANDY		01:33:22	
2	Mccarthy	Sean	St. John's Regional Fire Department	St. John's Regional Fire Department		01:35:65	
3	Pittman	Tyson	Voisey's Bay Emergency Response Team			01:46:65	
4	Foley	Jordan	Pouch Cove Volunteer Fire Department			01:52:56	
5	Hynes	Richard	Conception Bay South Fire & Rescue	Conception Bay South Fire & Rescue - BAG OF MIXED CANDY		02:20:92	
6	Parrill	Jordan	Iron Ore Company of Canada	Iron Ore Company of Canada - Team Old Dawgs		02:23:54	
Category: OVER 45							
1	Cox	Chris	Mississauga Fire & Emergency			01:38:73	
2	Filali	Fayçal	Iron Ore Company of Canada	Iron Ore Company of Canada - Team Old Dawgs		01:54:45	
3	Brazil	Ronald	Iron Ore Company of Canada	Iron Ore Company of Canada - Team Old Dawgs		01:56:21	
4	Mackenzie	Jeff	Mississippi Mills Fire Department		STAIR	02:04:20	
5	Jackman	Daniel	South Glengarry Fire Department			02:07:68	
6	Castilloux	Dave	Iron Ore Company of Canada	Iron Ore Company of Canada - Team Crazy Train	DNS	00:00:00	
Category: OVER 50							
1	Gardner	Kerry	Regina Fire Department			01:38:57	
2	McCarthy	Jamie	NL Hydro ERT			02:41:80	
3	Catino	Adriano	Iron Ore Company of Canada	Iron Ore Company of Canada - Team Crazy Train		02:46:35	
4	Woolridge	Barry	Witless Bay Volunteer F.D.	Witless Bay Volunteer F.D.		04:52:53	
Category: OVER 55							
1	King	Greg	Quinte West Fire / Rescue			01:54:70	
2	Squires	Robert	Kinkora and Area Fire Department			02:17:42	
3	Nason	Blair	Douglas Harbour F.D.			02:21:00	
4	Churchill	Scott	Conception Bay South Fire & Rescue	CONCEPTION BAY SOUTH - B-Shift Bandits	DNS	00:00:00	
Category: WOMEN OVER 40							
1	Gilbert	Vanessa	Mississauga Fire & Emergency			02:15:11	
2	Faimon	Tricia	Norfolk Fire Division			07:42:26	
3	Frigon	Melanie	Witless Bay Volunteer F.D.	Witless Bay Volunteer F.D.	DNF	00:00:00	
4	Coulter	Shawna	Whitby Professional Firefighters Association Local 2036		DNS	00:00:00	
5	RUN	DEMO	McRoberts Test Department		DNS	00:00:00	