Individual Results: SOUTHERN ALBERTA REGIONAL - SPRUCE MEADOWS, CALGARY - Jun 15, 2024

| Rank | Last Name | First Name | Department | Team Name | Category | Penalty Status | Results | Bye or WildCard | | | | | |
|---------------|-----------|------------------|---|--|----------|---------------------|----------|--------------------|--|--|--|--|--|
| Category: Men | | | | | | | | | | | | | |
| 1 | Dicks | Brad | Strathcona County Fire Department | Strathcona County Fire Department - soft deaf bottom's | Men | | 01:16:68 | WC | | | | | |
| 2 | King | Jordan | Edmonton Fire & Rescue | Edmonton Fire & Rescue - Dirty Mike and The Boys | Over 40 | | 01:24:31 | WC | | | | | |
| 3 | Boos | Devan | Hanna Fire Department | Hanna Fire Department | Men | | 01:27:41 | BYE | | | | | |
| 4 | Murray | David | Strathcona County Fire Department | Strathcona County Fire Department - soft deaf bottom's | Men | FORCE | 01:28:14 | WC | | | | | |
| 5 | Elkow | Scott | Edmonton Fire & Rescue | Edmonton Fire & Rescue - Dirty Mike and The Boys | Men | | 01:30:09 | WC | | | | | |
| 6 | emmerzael | david | Edmonton Fire & Rescue | Edmonton Fire & Rescue - Dirty Mike and The Boys | Men | FORCE | 01:30:22 | WC | | | | | |
| 7 | Ploughman | Zac | Calgary Fire Department | Calgary Fire Department - Calgary Fire 1 | Men | TARGET | 01:31:02 | BYE | | | | | |
| 8 | Lemire | Marc- Antoine | Service Incendie de la ville de Trois-Rivières | | Men | | 01:32:81 | WC | | | | | |
| 9 | Makkinga | Aaron | Shell Scotford ERT | | Over 40 | | 01:33:38 | WC | | | | | |
| 10 | Gulaga | Corey | Shaunavon Fire Department | | Men | | 01:33:52 | BYE | | | | | |
| 11 | Forsythe | Matt | Kamloops Fire Department | Kamloops Fire Department | Men | FORCE | 01:34:46 | WC | | | | | |
| 12 | Rasche | Erik | Kamloops Fire Department | Kamloops Fire Department | Men | | 01:36:61 | WC | | | | | |
| 13 | Weaver | Andrew | Calgary Fire Department | Calgary Fire Department - Calgary Fire 1 | Over 45 | | 01:36:66 | BYE | | | | | |
| 14 | Marchand | Rene | Syncrude Fire Department | | Men | | 01:38:50 | WC | | | | | |
| 15 | Bell | Mike | Calgary Fire Department | Calgary Fire Department - Calgary Fire 1 | Men | | 01:39:37 | BYE | | | | | |
| 16 | Ness | Jeremy | Hanna Fire Department | Hanna Fire Department | Men | | 01:39:53 | WC | | | | | |
| 17 | Seymour | Steven | Medicine Hat Fire Department | Medicine Hat Fire Department - Over 40 | Over 45 | | 01:40:01 | BYE | | | | | |
| 18 | Alexy | Cassian | Grande Prairie Fire Department | | Men | | 01:40:38 | WC | | | | | |
| 19 | Malone | Riley | Assiniboia Fire Department | | Men | | 01:40:58 | WC | | | | | |
| 20 | Gardner | Kerry | Regina Fire Department | | Over 50 | | 01:41:14 | BYE | | | | | |
| 21 | Windsor | Chris | Edmonton Fire & Rescue | Edmonton Fire & Rescue - Dirty Mike and The Boys | Men | | 01:41:60 | WC | | | | | |
| 22 | Mongeau | Adam | Calgary Fire Department | Calgary Fire Department - Calgary Fire 1 | Men | DOOR | 01:42:84 | BYE | | | | | |
| 23 | Truchan | Justin | Edmonton Fire & Rescue | Edmonton Fire & Rescue - Dirty Mike and The Boys | Men | FORCE / HAMMER | 01:43:37 | WC | | | | | |
| 24 | Penner | Myron | Yukon Fire Marshal's Office | | Over 50 | | 01:43:58 | | | | | | |
| 25 | smith | kyle | Drumheller Fire Department | Drumheller Fire Department - Raptors | Men | | 01:43:95 | WC | | | | | |
| 26 | Labash | Jason | Medicine Hat Fire Department | Medicine Hat Fire Department - Over 40 | Over 45 | | 01:43:96 | BYE | | | | | |
| 27 | Chigol | Ryan | Okotoks Fire Department | Okotoks Fire Department | Over 45 | | 01:46:72 | WC | | | | | |
| 28 | Gerlinger | Jeff | Drumheller Fire Department | Drumheller Fire Department - Raptors | Over 45 | | 01:47:04 | WC | | | | | |
| 29 | Smith | Mitch | Drumheller Fire Department | Drumheller Fire Department - Raptors | Men | HAMMER | 01:48:01 | WC | | | | | |
| 30 | Bonner | Jesse | Calgary Fire Department | Calgary Fire Department - Calgary Fire 2 | Men | | 01:48:07 | | | | | | |
| 31 | Arnold | Michael | Medicine Hat Fire Department | Medicine Hat Fire Department - Over 40 | Over 40 | | 01:48:69 | BYE | | | | | |
| 32 | oursov | Arseni | Red Deer Emergency Services | | Men | | 01:48:86 | WC | | | | | |

| 33 | Smith | Caleb | Calgary Fire Department | Calgary Fire Department - Calgary Fire 1 | Men | start | 01:49:21 BYE |
|------|------------------|----------|---|--|---------|--------|--------------|
| 34 | Thorpe | William | Blood Tribe Emergency Service | | Men | | 01:49:31 WC |
| 35 | Thibault | Roby | Service Incendie de la ville de Trois-Rivières | | Men | | 01:50:35 WC |
| 36 | Yanke | Dylan | Medicine Hat Fire Department | | Men | | 01:50:39 WC |
| 37 | Robb | Brandon | Calgary Fire Department | Calgary Fire Department - Calgary Fire 2 | Men | | 01:52:22 WC |
| 38 | Royer | Maxime | Rocky View County Fire | | Over 45 | HAMMER | 01:52:93 WC |
| 39 | Colborne | Joe | Calgary Fire Department | Calgary Fire Department - Calgary Fire 2 | Men | | 01:53:17 WC |
| 40 | Schoebel | Robin | Kamloops Fire Department | Kamloops Fire Department | Men | | 01:53:28 WC |
| 41 | McNeice | Callum | Calgary Fire Department | Calgary Fire Department - Calgary Fire 2 | Men | | 01:53:53 WC |
| 42 | Houghton | Tim | Okotoks Fire Department | Okotoks Fire Department | Men | | 01:53:71 WC |
| 43 | Maag | Brandon | Kitimat Fire Department | | Men | | 01:56:03 WC |
| 44 | Fowler- McNab | Tayden | Kitimat Fire Department | | Men | | 01:58:92 WC |
| 45 | Davidson | Shawn | Kamloops Fire Department | Kamloops Fire Department | Over 45 | | 01:59:76 WC |
| 46 | Anthony | Ryan | Okotoks Fire Department | Okotoks Fire Department | Men | | 02:00:67 WC |
| 47 | Dillabough | John | Okotoks Fire Department | Okotoks Fire Department | Men | | 02:01:84 WC |
| 48 | Greenlay | Clayton | Shaunavon Fire Department | | Over 40 | | 02:08:00 WC |
| 49 | Eresman | Travis | Brooks Fire Department | | Men | | 02:09:60 WC |
| 50 | MacDonald | Clayton | Swan Hills Fire Department | Swan Hills Fire Department - Swan Hills Firefit | Over 40 | | 02:19:49 WC |
| 51 | Bolin | Duane | Drumheller Fire Department | Drumheller Fire Department - Dinosaurs | Over 55 | | 02:21:26 BYE |
| 52 | Molnar | Jamie | Swan Hills Fire Department | Swan Hills Fire Department - Swan Hills Firefit | Over 45 | | 02:22:22 WC |
| 53 | Smith | Merv | Drumheller Fire Department | Drumheller Fire Department - Dinosaurs | Over 55 | | 02:36:39 BYE |
| 54 | MacDonald | Philip | Brooks Fire Department | | Over 50 | | 02:41:94 WC |
| 55 | Molzahn | Jonathan | Drumheller Fire Department | Drumheller Fire Department - Raptors | Over 40 | | 02:52:21 WC |
| 56 | Bambrick | Bryon | Hinton Fire Department | | Over 50 | | 03:00:69 WC |
| 57 | Hodgson | Keith | Drumheller Fire Department | Drumheller Fire Department - Dinosaurs | Over 65 | | 03:36:91 BYE |
| 58 | Vezina | Stefan | Swan Hills Fire Department | Swan Hills Fire Department - Swan Hills Firefit | Men | DQ | 00:00:00 |
| Cate | gory: Wom | nen | | | | | |
| 1 | Sader | Kenna | Edmonton Fire & Rescue | | Women | | 02:04:01 WC |
| 2 | Morrison | Carla | Strathcona County Fire Department | Strathcona County Fire Department - soft deaf bottom's | Women | | 02:16:63 WC |
| 3 | Barton | Lisa | Okotoks Fire Department | Okotoks Fire Department | Women | | 02:58:34 BYE |
| 4 | Peters | Alana | Cache Creek Volunteer Fire Department | • | Over 40 | | 03:00:14 WC |
| 5 | Olesen | Jill | Hanna Fire Department | Hanna Fire Department | Over 40 | pack | 04:17:28 BYE |
| 6 | RUN | DEMO | EMPTY LANE | • | Over 60 | DNS | 00:00:00 |