

Knockout Tournament				MIXED KNOCKOUT RELAY				STAIRS DOWN / FORCE				RUN HYDRANTS				HOSE DRAG			
HYDRANTS / HOSE DRAG				FORCE MACHINE				STAIRS DOWN / FORCE				RUN HYDRANTS				HOSE DRAG			
Seeding Round				1st Knock Out Round				2nd Knock Out Round				Bronze Medal Round				Gold Medal Round			
L				L				L				L				L			
STONEMILLS FD - MIXED O50	R	2	23 89 1	QUINTE WEST MIXED				QUINTE WEST MIXED	R	1	31 69								
LAMBTON COLLEGE MIXED	Y	1	40 62	BYE												LAMBTON COLLEGE	Y	1	26 01
STONEMILLS MIXED	R	1	38 33	STONEMILLS OVER 50 MIX	R	2	13 07					QUINTE WEST MIXED	Y	1	20 80				
FLEMING SPICE GIRLS	Y	1	27 65	LAMBTON COLLEGE	Y	1	38 05	LAMBTON COLLEGE	Y	1	26 31								
QUINTE WEST MIXED	R	1	23 28	STONEMILLS MIXED				STONEMILLS MIXED	R	1	41 76								
				BYE								STONEMILLS MIXED	R	1	29 57				
				BYE												FLEMING SPICE GIRLS	R	1	25 55
				FLEMING SPICE GIRLS				FLEMING SPICE GIRLS	Y	1	31 55								