

# 2003 Central Ontario Regional

Petawawa, Ontario

## 2003 Individual Results

<b>Name</b>	<b>Category/FireFit Team</b>	<b>Time</b>
1. Mike Gilbert	St. Catharines F.D.	1:26.80
2. Bruce Adair	London Fire & Rescue #3	1:40.51
3. Richard De Grandpre	London Fire & Rescue #3	1:44.86
4. Nigel Mandigo	London Fire & Rescue #3	1:46.18
5. Chris Choja	London Fire & Rescue #3	1:47.15
6. Robert Comeau	8 Wing Trenton	1:51.23
7. Greg Larizza	Central York	1:52.03
8. Marc-André Roy	AREOFEU-PRUDENT LONGUEUIL	1:52.43
9. Tom Meers	Kingston Fire & Rescue	1:57.33
10. Rick Landry	Sudbury F.D.	1:57.70
11. John Irwin	Cornwall Fire Department #1	1:58.43
12. Dominic Cote	Cornwall Fire Department #1	1:59.30
13. Patrick Bureau	Vald'or F.D.	1:59.32
14. Stephane Deschenes	AREOFEU-PRUDENT LONGUEUIL	2:01.67
15. Ralph Crouse	Kingston Fire & Rescue #2	2:03.06
16. Mike Madigan	AREOFEU-PRUDENT LONGUEUIL	2:03.11
17. Greg King	Quinte West (formerly Trenton) #1	2:05.71
<b>18. Jimmy Kolar 1st Place over 40</b>	<b>Sudbury F.D.</b>	<b>2:05.85</b>
19. Don Carter	Belleville Fire Department	2:06.29
20. Pascal Pepin	Longueville CMP Mayer	2:06.42
21. Mario Martin	AREOFEU-PRUDENT LONGUEUIL	2:07.00
22. Ben Winsor	Ottawa Dist. 9	2:07.36
23. Jeff Kays	Belleville Fire Department	2:10.36
<b>24. Denis Leduc 2nd Place over 40</b>	<b>O.F.D.</b>	<b>2:10.41</b>
25. Alexander MacQuarrie	Ottawa Dist. 9	2:11.33
26. Paul Decaire	8 Wing Trenton	2:11.79
27. Tyler Monroe	O.F.D.	2:13.64
28. Shawn Popkie	Tri-Township F.D.	2:14.27
<b>29. Berny Stansa 3rd Place over 40</b>	<b>Timmins Fire Department</b>	<b>2:14.59</b>
30. Mike Purdie	O.F.D.	2:16.29
31. Troy Durocher	Petawawa #1	2:17.28
32. Robert Casey	CFB Petawawa Fire Department #1	2:17.78
33. Tyler Allen	Ottawa Dist. 9	2:18.03
<b>34. Gary Pardy 4th Place over 40</b>	<b>Petawawa #1</b>	<b>2:18.06</b>
35. Wayne Desjardin	Petawawa #1	2:18.67
36. Eric Richer	Cornwall Fire Department #1	2:19.77
<b>37. Craig MaPhee 5th Place over 40</b>	<b>Sudbury F.D.</b>	<b>2:23.30</b>
<b>38. Jean-Pierre Tenhave 6th Place over 40</b>	<b>Vald'or F.D.</b>	<b>2:24.11</b>
39. Stephen Cooney	Deep River Fire Department	2:25.91
40. James Colburn	Napanee #1	2:26.32
41. Adam Fournier	Quinte West (formerly Trenton) #1	2:27.19

<b>42. Glenn Tabbert 7th Place over 40</b>	<b>CFB Petawawa Fire Department #1</b>	<b>2:27.94</b>
43. John Garwood	Ottawa Dist. 9	2:28.86
44. GARRY WALDROFF	Cornwall Fire Department #1	2:29.58
45. Craig Proulx	Petawawa #1	2:31.30
46. Ian Caughey	Pembroke Fire Department	2:31.91
47. Tom Durocher	CFB Petawawa Fire Department #1	2:32.12
<b>48. SPYKE PINTAR 8th Place over 40</b>	<b>Timmins Fire Department</b>	<b>2:33.94</b>
49. James Macdonald	Cornwall Fire Department #1	2:36.81
50. Chris Wigley	Quinte West (formerly Trenton) #1	2:38.61
<b>51. RAY ELLIS 9th Place over 40</b>	<b>Belleville Fire Department</b>	<b>2:38.97</b>
52. Chad Taylor	Napanee #1	2:40.34
<b>53. Dean Bourque 10th Place over 40</b>	<b>Atomic Energy of Canada</b>	<b>2:42.72</b>
54. John Stewart	Napanee #1	2:44.90
55. Chris Lytle	O.F.D.	2:45.45
56. Jeremy Kuehl	North Algona Wilber Force	2:46.43
<b>57. Ian Shetler 11th Place over 40</b>	<b>Napanee #1</b>	<b>2:53.02</b>
58. Tim Allen	Petawawa #1	2:57.57
59. Philip Smith	Petawawa F.D.	2:58.26
60. Jamie Knott	CFB Petawawa Fire Department #1	3:01.43
<b>61. Jeff Wemyss 12th Place over 40</b>	<b>Quinte West (formerly Trenton) #1</b>	<b>3:14.27</b>
62. Sheldon Barker	Petawawa F.D.	3:15.15
<b>63. Gary O'Neil 1st Place over 50</b>	<b>Napanee #1</b>	<b>3:15.82</b>
<b>FEMALE COMPETITORS</b>		
<b>Name</b>	<b>Category/FireFit Team</b>	<b>Time</b>
1. Jacqueline Rasenberg	Vaughan Fire Deaprtment	2:38.84
2. Darlene Acton	Ottawa Dist. 9	3:04.13
3. Denise Townshend	Automic Energy	3:53.33